

# Cornerstone Counseling Center, P.C.

Name \_\_\_\_\_ SS# \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Date of Birth \_\_\_\_\_ Marital Status \_\_\_\_\_

Telephone(s) H \_\_\_\_\_ W \_\_\_\_\_ ext \_\_\_\_\_

Email: \_\_\_\_\_ Cell: \_\_\_\_\_

Education \_\_\_\_\_ Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Employer Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Insurance Company \_\_\_\_\_

Name of Insured \_\_\_\_\_ Date of Birth \_\_\_\_\_

Insured's Employer \_\_\_\_\_

Insured's SS# \_\_\_\_\_ Insurance ID# \_\_\_\_\_

Authorization# \_\_\_\_\_ # visits \_\_\_\_\_ Copay \_\_\_\_\_

Date of last physical examination \_\_\_\_\_ Current medical conditions/allergies:

\_\_\_\_\_

Current medications with dosage \_\_\_\_\_

\_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ Tel \_\_\_\_\_

Initial permission for contact or messages: at home \_\_\_\_\_ at work \_\_\_\_\_ by email \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Treatment Issues

Your cooperation in completing this section will help in formulating a plan of treatment for you. Circle those items that are a problem area for you, and put a number between 1 and 3 on the line before the item. 1 = a slight problem, 2 = a serious problem, 3 = a very serious problem. Please use the blank sections at the bottom for any problem areas not listed.

- |                   |                         |                    |                     |
|-------------------|-------------------------|--------------------|---------------------|
| ___ Nervousness   | ___ Suicidal thoughts   | ___ Insomnia       | ___ Ambition        |
| ___ Children      | ___ Shyness             | ___ Career choices |                     |
| ___ Concentration |                         |                    |                     |
| ___ Separation    | ___ Bowel troubles      | ___ Nightmares     | ___ Stress          |
| ___ Drug use      | ___ Depression          | ___ Appetite       | ___ Marriage issues |
| ___ Anger         | ___ Sexual problems     | ___ Parenting      | ___ My thoughts     |
| ___ Sleep         | ___ Stomach trouble     | ___ Divorce        | ___ Fears           |
| ___ Relaxation    | ___ Alcohol use         | ___ Finances       | ___ Work issues     |
| ___ Temper        | ___ Self-control        | ___ Friends        | ___ Tiredness       |
| ___ Energy        | ___ Health problems     | ___ Unhappiness    | ___ Memory          |
| ___ Loneliness    | ___ Legal matters       | ___ Education      | ___ Headaches       |
| ___ Self-esteem   | ___ Making decisions    | ___ Organization   | ___ Panic attacks   |
| ___ Mood swings   | ___ Relationship issues | ___ Tension        | ___ Food            |
| ___ Smoking       | ___ Other _____         |                    |                     |

Signature \_\_\_\_\_ Date \_\_\_\_\_

# INFORMED CONSENT

Please read the following very carefully. If you have any questions please ask your therapist. Our purpose is to help you solve the issues that brought you here. We recognize that informed consent about your treatment and your privacy is important. Thus, we assure your confidentiality, unless you authorize us in writing to release information. The following instances are exceptions:

- In cases of child or elder abuse by law
- With the presumption of imminent harm to yourself or to another
- To comply with a court order demanding our records
- For purposes of professional consultation with members of our agency
- To pursue payment or seek authorization to render services as required by your payor (Insurance company, HMO, PPO, EAP etc.) This may include calling, mailing or faxing treatment reports as required for continued authorization of services.
- To pursue payment for unpaid accounts

**If you are using health insurance the following applies:**

- It is your responsibility to understand the procedures and the limits of your plan. Your insurance company sets the amount that we receive and the co-payment or deductible that you owe. These are due at the time of service.
- If for any reason your insurance company denies payment, you are responsible for the full fee.
- Scheduling an appointment means professional time is reserved for you. At least 24 hours notice is required to cancel an appointment. For any missed or cancelled appointments without 24 hours notice, a \$25 fee is assessed to you.
- Telephone consults cannot be billed to your insurance company. We do not charge for telephone consults lasting less than 5 minutes. Telephone consults of more than 5 minutes with you or someone that you authorize, are billed to you at the rate of \$70 per hour after the first five minutes.
- Written reports for you or to someone that you authorize are billed at the rate of \$70 per hour.

**If you are not using health insurance** you agree to pay \$ \_\_\_\_\_ per session due at the time of service.

**For Emergencies:** Your therapist can be reached via 978-828-8232 in the event of an emergency. If you get a voice mail, please leave a detailed message. We make every effort to respond immediately in these situations, but there could be a technological failure or other reasonable explanation. If you cannot wait for the therapist to respond, go to a local hospital immediately and ask for the on-call mental health provider and have them call the therapist as well.

Treatment Planning: Your therapist will discuss your treatment plan with you and answer all questions you may have about the rationale and duration of treatment.

**Your signature below acknowledges that you have read, understand and agree to the above terms and that you have reviewed the separate handout on Privacy Practices.**

Date \_\_\_\_\_

# Cornerstone Counseling, P.C.

Authorization to Release/Obtain Medical Information  
PLEASE READ CAREFULLY AND SIGN ONE OPTION BELOW:

I (we) hereby authorize and request Cornerstone Counseling to obtain and/or release confidential professional information, to/from my primary care physician for purposes of continuity of care:

Name of Physician: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: : \_\_\_\_\_

I (we) understand that this consent may be revoked at any time by written instruction.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent or guardian if patient is a minor

Signature \_\_\_\_\_ Date \_\_\_\_\_

OR:

I deny permission to release information to my physician.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent or guardian if patient is a minor

Signature \_\_\_\_\_ Date \_\_\_\_\_